GOAL AREA: Health & Safety

Strengthen communities to be healthy, resilient and safe places for all residents and businesses

Introduction

The 7 Objectives in STAR's Health & Safety Goal Area recognize that the development of healthy, safe, and resilient communities requires proactive efforts to prevent disease, injury, and premature death by fortifying protective factors and reducing risk factors that undermine healthy outcomes.

Several objectives are closely focused on reducing obesity and preventing related illnesses like diabetes and heart disease. HS-1: Active Living encourages physical activity for adults and kids through community design and activities that promote walking, bicycling, and other forms of recreation. HS-4: Food Access & Nutrition measures the accessibility of fresh, healthful food and recognizes efforts to encourage healthy eating. HS-2: Community Health serves as the overall, composite measure of public health and integration of health considerations into local decision-making. HS-5: Health Systems addresses the structural and professional components of health care in the community, such as hospitals, clinics, and providers.

The remaining objectives address planning efforts to prevent and alleviate the impacts of hazardous events, emergency situations, violence, and crime. HS-6: Hazard Mitigation focuses on reducing vulnerability to existing community risk areas. HS-3: Emergency Management & Response evaluates the preparedness of emergency responders to efficiently and effectively respond to emergencies. HS-7: Safe Communities, seeks to reduce violence and crime through proven prevention strategies.

<table>
<thead>
<tr>
<th>Objective Number</th>
<th>Objective Title and Purpose</th>
<th>Available Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>HS-1</td>
<td><strong>Active Living:</strong> Enable adults and kids to maintain healthy, active lifestyles by integrating physical activity into their daily routines</td>
<td>15</td>
</tr>
<tr>
<td>HS-2</td>
<td><strong>Community Health:</strong> Achieve positive health outcomes and minimize health risk factors associated with behaviors and poor indoor air quality in schools and homes</td>
<td>15</td>
</tr>
<tr>
<td>HS-3</td>
<td><strong>Emergency Management &amp; Response:</strong> Reduce harm to humans and property by utilizing collaborative approaches to increase capability and capacity to respond to emergency incidents</td>
<td>15</td>
</tr>
<tr>
<td>HS-4</td>
<td><strong>Food Access &amp; Nutrition:</strong> Ensure that adults and children of all income levels have physical and economic access to fresh and healthful food and have opportunities to learn about nutritious eating and food safety</td>
<td>15</td>
</tr>
<tr>
<td>HS-5</td>
<td><strong>Health Systems:</strong> Provide high quality local health systems that are accessible and responsive to community needs</td>
<td>10</td>
</tr>
<tr>
<td>HS-6</td>
<td><strong>Hazard Mitigation:</strong> Reduce or eliminate the long-term risk to life and property from existing hazard events through an on-going process that occurs before, during, and after disasters</td>
<td>15</td>
</tr>
<tr>
<td>HS-7</td>
<td><strong>Safe Communities:</strong> Prevent and reduce crime and increase perceptions of safety through interagency collaboration and with residents as empowered partners</td>
<td>15</td>
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</tbody>
</table>

**Total Points Available:** 100
PURPOSE

Enable adults and kids to maintain healthy, active lifestyles by integrating physical activity into their daily routines

EVALUATION MEASURES

Community Level Outcomes
70% of points available through Outcomes

Outcome 1: Active Adults
5.25 Points

Demonstrate 20% or less of adults aged 20+ report no leisure time physical activity within the past month [Partial credit available]

Outcome 2: Active Kids
5.25 Points

Option A: Increase the percentage of high school students that are physically active for 60 minutes per day on 5 or more days
--OR--
Option B: Increase the percentage of public schools that require some form of physical activity daily, such as physical education classes or recess [Partial credit applies]

Local Actions
70% of points available through Actions

Action 1:
Plan Development

Include a chapter, section, or plan element focused on active living or active transportation in the comprehensive plan or transportation plan

Action 2:
Policy and Code Adjustment

Require or incentivize bicycle and pedestrian amenities in new major development projects in high-density, mixed-use areas or near transit stations
**Action 3:**
Policy and Code Adjustment

Create guidelines to encourage the incorporation of active building design features in new public, commercial, office, or multi-family residential buildings

**Action 4:**
Policy and Code Adjustment

Establish school siting guidelines that give preferential considerations to locations that maximize the number of students who can walk or bicycle safely to school

**Action 5:**
Partnerships and Collaboration

Create or designate a committee or board to advise the local government on issues related to active living in the community

**Action 6:**
Practice Improvements

Achieve recognition as a Bicycle-Friendly Community or Walk-Friendly Community OR achieve an average community Walk Score or Bike Score of 70 or above

**Action 7:**
Practice Improvements

Appoint a physical activity specialist within the local government to serve as a liaison between relevant local government departments or agencies, including the health department

**Action 8:**
Programs and Services

Host or partner with community groups to support at least 3 annual programs that encourage active living for adults and kids

**Action 9:**
Facility and Infrastructure Improvements

Implement a local enhancement program that systematically improves at least 3 bicycle and pedestrian amenities communitywide
**Action 10:**  
Facility and Infrastructure Improvements  

Provide at least 3 types of active recreation facilities that are available for community use, by population size

**Action 11:**  
Facility and Infrastructure Improvements  

Enable joint use of school-based recreation facilities during non-school hours
PURPOSE

Achieve positive health outcomes and minimize health risk factors associated with behaviors and poor indoor air quality in schools and homes

EVALUATION MEASURES

Community Level Outcomes
100% of points available through Outcomes

Outcome 1: Health Outcomes
5 Points

Demonstrate that the county is a Top US Performer in regards to Length of Life and Quality of Life indicators [Partial credit available]

Outcome 2: Health Behaviors
5 Points

Demonstrate that the county is a Top US Performer in regards to key behaviors that impact health [Partial credit available]

Outcome 3: Indoor Air Quality (IAQ) in Schools
2.5 Points

Demonstrate that all IAQ problems in schools are resolved in a timely manner

Outcome 4: Indoor Air Quality (IAQ) Complaints to Enforcement Agency
2.5 Points

Decrease the number of tenant complaints regarding IAQ over time

Local Actions
70% of points available through Actions

Action 1:
Inventory, Assessment, or Survey

Conduct a comprehensive community health assessment, which includes data collection and analysis of public health conditions, trends, and problems affecting the community
**Action 2:**
Plan Development

Develop a community health improvement plan to strengthen the delivery of health services and improve community health

**Action 3:**
Policy and Code Adjustment

Adopt a health in all policies statement or policy commitment for local decision-making

**Action 4:**
Policy and Code Adjustment

Prohibit smoking in all enclosed public places, including restaurants, bars, and workplaces and affirm the right for landlords to legally establish smoke-free rental units or restrict smoking in multi-family buildings communitywide

**Action 5:**
Policy and Code Adjustment

Adopt the National Healthy Housing Standard or equivalent local code for existing residential buildings that includes implementation and enforcement provisions

**Action 6:**
Policy and Code Adjustment

Adopt a Recreational Aquatic Health Code to address illnesses, injuries, and fatalities in community pools or spas

**Action 7:**
Partnerships and Collaboration

Engage the public, local businesses, and nonprofit entities in assessing, developing, and implementing strategies focused on improving health behaviors related to smoking and obesity

**Action 8:**
Practice Improvements

Demonstrate that the local government has received healthy workplace accreditation or has established a Comprehensive Workplace Health program
Action 9: Enforcement and Incentives

Implement a proactive rental inspection program to protect tenants’ health and safety

Action 10: Programs and Services

Develop and implement a comprehensive program focused on vector-borne diseases, such as Zika, Chikungunya, and Lyme disease

Action 11: Programs and Services

Provide grants or loans to remEDIATE indoor air pollution problems in low-income homes or affordable rental units

Action 12: Facility and Infrastructure Improvements

Conduct health impact assessments (HIAs) on proposed infrastructure investments and development projects to increase positive health outcomes and minimize adverse impacts
PURPOSE

Reduce harm to humans and property by utilizing collaborative approaches to increase capability and capacity to respond to emergency incidents

EVALUATION MEASURES

Community Level Outcomes
100% of points available through Outcomes

Outcome 1: Superior Fire Protection
6 Points

Part 1: Achieve a current ISO rating of 3 or better
--AND--
Part 2: Demonstrate that 90% of response times are in compliance with standards set by the National Fire Protection Association (NFPA) [Partial credit available]

Outcome 2: Fire and Police Accreditation
6 Points

Part 1: Demonstrate that the fire department has obtained Commission on Fire Accreditation International (CFAI) accreditation
--AND--
Part 2: Demonstrate that the police department has obtained Commission on Accreditation for Law Enforcement Agencies (CALEA) accreditation

Outcome 3: Community Emergency Management
3 Points

Option A: Demonstrate that the emergency management community is prepared to manage emergency incidents involving all threats and hazards [Partial credit available]
--OR--
Option B: Demonstrate that the local government has received accreditation by the Emergency Management Accreditation Program (EMAP)
Local Actions
70% of points available through Actions

**Action 1:**
Inventory, Assessment, or Survey

Develop a NIMS-compliant local inventory of assets and resources available for emergency response and mutual aid requests

**Action 2:**
Education and Outreach

Publish information to encourage residents to develop emergency kits and evacuation plans, and encourage businesses to develop emergency procedures and shelter-in-place plans

**Action 3:**
Partnerships and Collaboration

Participate in cross-department/agency interstate, statewide, regional, or inter-jurisdictional mutual aid response systems

**Action 4:**
Partnerships and Collaboration

Participate in a regional emergency planning commission

**Action 5:**
Plan Development

Adopt a local comprehensive plan for emergency response that includes provisions for evacuating low-income, disabled, and other persons likely to need assistance

**Action 6:**
Practice Improvements

Integrate departmental and jurisdictional interoperability into public safety communications systems

**Action 7:**
Practice Improvements

Perform an annual review or assessment of plans, procedures, resources, and trainings based on emergency response incidents and demands
**Action 8:**
Practice Improvements

Participate in discussion-based and operations-based exercises that involve the public and emergency management personnel from multiple departments and/or multiple jurisdictions.

**Action 9:**
Programs and Services

Host an active Citizen Emergency Response Team (CERT) or Medical Reserve Corps (MRC).

**Action 10:**
Programs and Services

Distribute emergency kits or supplies to low-income and vulnerable residents before an event occurs.
PURPOSE

Ensure that adults and children of all income levels have physical and economic access to fresh and healthful food and have opportunities to learn about nutritious eating and food safety.

EVALUATION MEASURES

Community Level Outcomes
70% of points available through Outcomes

Outcome 1: Food Security and Assistance
3.5 Points

Demonstrate an increase over the past 3 years in the percentage of people who are food secure.

Outcome 2: Access to Healthful Food
3.5 Points

Option A: Demonstrate an increase over the past 3 years in the percentage of residents within a walkable 1/4-mile of a healthful retail food outlet
--OR--
Option B: Demonstrate a decrease over the past 3 years in the percentage of residents living in an urban or rural food desert.

Outcome 3: School Nutrition
3.5 Points

Demonstrate an increase over the past 3 years in the food service sales of fresh fruits and vegetables in the largest public school district.

Local Actions
70% of points available through Actions

Action 1:
Inventory, Assessment, or Survey

Conduct an assessment of the local food system, including existing policies and programs that address the 6 steps of the food cycle: grow or produce, sell, process, distribute, consume, and compost.
Action 2: Policy and Code Adjustment

Adopt zoning and development regulations that allow farmer’s markets, community gardens, and other forms of urban agriculture that promote increased food access.

Action 3: Policy and Code Adjustment

Adopt menu-labeling requirements, zoning restrictions, or development regulations that discourage, tax, or prohibit the sale of unhealthful foods or beverages.

Action 4: Policy and Code Adjustment

Demonstrate that the local government has adopted the most recent U.S. Food Code.

Action 5: Policy and Code Adjustment

Demonstrate that the local public school district has adopted a model school wellness policy.

Action 6: Partnerships and Collaboration

Establish a local or regional food policy council that includes health professionals, community organizations, schools, farmers, and/or related businesses.

Action 7: Education and Outreach

Support the development of healthy eating campaigns for residents to learn about nutrition, food safety, and food assistance programs.

Action 8: Practice Improvements

Demonstrate that local schools or the public school district has received certification from the USDA HealthierUS Schools Challenge or an award from the Alliance for a Healthier Generation in the past 3 years.

Action 9: Practice Improvements

Purchase and sell healthful food at facilities owned, leased, and operated by the local government.
**Action 10:**
Programs and Services

Implement an “Increase Your Food Bucks” program and accept federal food assistance through SNAP or WIC programs at farmer’s markets

**Action 11:**
Programs and Services

Support programs that enable healthful retail food outlets to locate in underserved areas, promote mobile vendors that only sell fresh food, or increase the mix of healthful food sold in existing establishments
PURPOSE

Provide high quality local health systems that are accessible and responsive to community needs

EVALUATION MEASURES

Community Level Outcomes
70% of points available through Outcomes

Outcome 1: Clinical Care
5 Points

Demonstrate that the county is a Top U.S. Performer in regards to quality of clinical care, including access to health care [Partial credit available]

Outcome 2: Quality of Local Hospital Systems
2.5 Points

Part 1: Demonstrate that at least 1 hospital per 50,000 residents is accredited by the Joint Commission
--AND--
Part 2: Demonstrate that at least 1 hospital has been recognized as a top performer by the Joint Commission

Outcome 3: High Performing Health Department
2.5 Points

Demonstrate that the local public health department is accredited by the Public Health Accreditation Board

Local Actions
70% of points available through Actions

Action 1:
Inventory, Assessment, or Survey

Conduct a local Public Health System Assessment to identify the components, competencies, and capacities of essential service providers
**Action 2:**
Plan Development

Demonstrate that at least 1 health care institution in the community has made a strategic commitment to addressing equity in their services

**Action 3:**
Partnerships and Collaboration

Establish a governance model between the health department, local healthcare providers, and community health organizations that supports local and regional collaboration for improving community health

**Action 4:**
Education and Outreach

Educate the public about eligibility and enrollment barriers to obtaining health insurance

**Action 5:**
Programs and Services

Provide medical, dental, and/or mental health services to the community through income-based clinics or community health workers

**Action 6:**
Practice Improvement

Provide free medical interpretation services at medical health facilities

**Action 7:**
Programs and Services

Implement strategies to recruit medical professionals to the community or to areas of need in the community

**Action 8**
Programs and Services

Use a performance management system to monitor and improve health services and programs that promote positive health outcomes and expand access to health care
PURPOSE

Reduce or eliminate the long-term risk to life and property from existing hazard events through an on-going process that occurs before, during, and after disasters.

EVALUATION MEASURES

Community Level Outcomes
70% of points available through Outcomes

Outcome 1: Location Specific Hazards
5.25 Points

Part 1:
  Option A: Reduce over time the number of homes below code standards that are located in designated high risk areas
  --OR--
  Option B: Reduce over time the percentage of residents living in designated high-risk areas
  --AND--
Part 2: Reduce over time the critical infrastructure below code standards that is located in designated high risk areas

Outcome 2: Full Community Hazards
5.25 Points

Demonstrate a measurable reduction in vulnerability and/or increase in resiliency to existing communitywide hazard threats over time

Local Actions
70% of points available through Actions

Action 1:
Inventory, Assessment, or Survey

Perform an all-hazard vulnerability assessment including key local hazards, impacts on vulnerable populations and critical infrastructure, opportunities for mitigation, and a business impact analysis

Action 2:
Plan Development

Develop a post-disaster plan that addresses long-range redevelopment issues such as land use, economic development, housing, infrastructure, public services, and environmental restoration.
**Action 3:**
Policy and Code Adjustment

Adopt land use regulations that limit development in areas of high hazard vulnerability

**Action 4:**
Policy and Code Adjustment

Adopt local building codes or enforce state building codes with heightened standards for buildings in areas of high hazard vulnerability

**Action 5:**
Education and Outreach

Increase community awareness of natural or man-made hazards through education and outreach materials

**Action 6:**
Enforcement and Incentives

Create insurance or incentive structures to help equitably remove residents from hazardous situations

**Action 7:**
Facility and Infrastructure Improvements

Build or renovate locally owned public facilities that will be used as shelters, command centers, and demonstration areas to meet higher building code standards

**Action 8:**
Facility and Infrastructure Improvements

Implement highest priority infrastructure improvements listed in the hazard mitigation plan
HEALTH & SAFETY
HS-7: Safe Communities
15 available points

PURPOSE

Prevent and reduce crime and increase perceptions of safety through interagency collaboration and with residents as empowered partners

EVALUATION MEASURES

Community Level Outcomes
100% of points available through Outcomes

Outcome 1: Crime Rates
7.5 Points

Demonstrate that the average crime rate for the past 3 years is below the following thresholds:
- 5.5 homicides per 100,000 residents
- 70 incidents of rape or attempted rape per 100,000 residents
- 462.7 aggravated assaults per 100,000 residents
- 2,596.1 incidents of property crime per 100,000 residents
[Partial credit available]

Outcome 2: School Violence
7.5 Points

Demonstrate that the average rate of violent victimizations at schools is less than 10 per 1,000 students aged 12-18 in the jurisdiction

Local Actions
70% of points available through Actions

Action 1:
Inventory, Assessment, or Survey

Conduct a survey of community perceptions of safety recognizing that some crimes are not reported and to illuminate safety issues that need to be addressed
Bonus: Survey includes breakdown of geographic variances in safety perceptions

Action 2:
Plan Development

Adopt a safe communities strategic plan with a comprehensive, balanced approach that includes violence prevention, intervention, suppression and enforcement, community policing, and reentry strategies
**Action 3:**
Education and Outreach

Educate community members about public safety and law enforcement programs and strategies.

**Action 4:**
Partnerships and Collaboration

Develop partnerships with local agencies, nonprofit organizations, schools, and residents to implement public safety strategies, enforcement programs, and trust-building initiatives.

**Action 5:**
Practice Improvements

Establish cross-agency coordination and procedures to support balanced implementation of public safety and enforcement activities.

**Action 6:**
Practice Improvements

Perform ongoing data collection, evaluation, and monitoring from multiple agencies to track trends and identify emerging community needs.

**Action 7:**
Practice Improvements

Integrate community policing and procedural justice into police department operations to support and build trust within the community.

**Action 8:**
Programs and Services

Implement violence prevention programs and strategies to address community-identified risks and protective factors.

**Action 9:**
Programs and Services

Implement school-based violence prevention programs and strategies, particularly in highly impacted, urban, and at-risk neighborhoods.
**Action 10:**
Programs and Services

Develop violence intervention programs and strategies to support at-risk families and youth and to prevent the escalation of violence

**Action 11:**
Programs and Services

Create or support a multi-faceted, monitored reentry program for ex-offenders that includes training, education, mentoring, employment opportunities, and other support services to reduce recidivism