



GOAL AREA: Health & Safety

Strengthen communities to be healthy, resilient and safe places for all residents and businesses

Introduction

The 7 Objectives in STAR's Health & Safety Goal Area recognize that the development of healthy, safe, and resilient communities requires proactive efforts to prevent disease, injury, and premature death by fortifying protective factors and reducing risk factors that undermine healthy outcomes.

Several objectives are closely focused on reducing obesity and preventing related illnesses like diabetes and heart disease. HS-1: Active Living encourages physical activity for adults and kids through community design and activities that promote walking, bicycling, and other forms of recreation. HS-4: Food Access & Nutrition measures the accessibility of fresh, healthful food and recognizes efforts to encourage healthy eating. HS-2: Community Health serves as the overall, composite measure of public health and integration of health considerations into local decision-making. HS-5: Health Systems addresses the structural and professional components of health care in the community, such as hospitals, clinics, and providers.

The remaining objectives address planning efforts to prevent and alleviate the impacts of hazardous events, emergency situations, violence, and crime. HS-6: Hazard Mitigation focuses on reducing vulnerability to existing community risk areas. HS-3: Emergency Management & Response evaluates the preparedness of emergency responders to efficiently and effectively respond to emergencies. HS-7: Safe Communities, seeks to reduce violence and crime through proven prevention strategies.

Objective Number	Objective Title and Purpose	Available Points
HS-1	Active Living: Enable adults and kids to maintain healthy, active lifestyles by integrating physical activity into their daily routines	15
HS-2	Community Health: Achieve positive health outcomes and minimize health risk factors associated with behaviors and poor indoor air quality in schools and homes	15
HS-3	Emergency Management & Response: Reduce harm to humans and property by utilizing collaborative approaches to increase capability and capacity to respond to emergency incidents	15
HS-4	Food Access & Nutrition: Ensure that adults and children of all income levels have physical and economic access to fresh and healthful food and have opportunities to learn about nutritious eating and food safety	15
HS-5	Health Systems: Provide high quality local health systems that are accessible and responsive to community needs	10
HS-6	Hazard Mitigation: Reduce or eliminate the long-term risk to life and property from existing hazard events through an on-going process that occurs before, during, and after disasters	15
HS-7	Safe Communities: Prevent and reduce crime and increase perceptions of safety through interagency collaboration and with residents as empowered partners	15
Total Points Available:		100



HEALTH & SAFETY

HS- I: Active Living

15 available points

PURPOSE

Enable adults and kids to maintain healthy, active lifestyles by integrating physical activity into their daily routines

EVALUATION MEASURES

Community Level Outcomes

70% of points available through Outcomes

Outcome 1: Active Adults

5.25 Points

Demonstrate 20% or less of adults aged 20+ report no leisure time physical activity within the past month [Partial credit available]

Outcome 2: Active Kids

5.25 Points

Option A: Increase the percentage of high school students that are physically active for 60 minutes per day on 5 or more days

--OR--

Option B: Increase the percentage of public schools that require some form of physical activity daily, such as physical education classes or recess [Partial credit applies]

Local Actions

70% of points available through Actions

Action 1:

Plan Development

Include a chapter, section, or plan element focused on active living or active transportation in the comprehensive plan or transportation plan

Action 2:

Policy and Code Adjustment

Require or incentivize bicycle and pedestrian amenities in new major development projects in high-density, mixed-use areas or near transit stations



Action 3:

Policy and Code Adjustment

Create guidelines to encourage the incorporation of active building design features in new public, commercial, office, or multi-family residential buildings

Action 4:

Policy and Code Adjustment

Establish school siting guidelines that give preferential considerations to locations that maximize the number of students who can walk or bicycle safely to school

Action 5:

Partnerships and Collaboration

Create or designate a committee or board to advise the local government on issues related to active living in the community

Action 6:

Practice Improvements

Achieve recognition as a Bicycle-Friendly Community or Walk-Friendly Community OR achieve an average community Walk Score or Bike Score of 70 or above

Action 7:

Practice Improvements

Appoint a physical activity specialist within the local government to serve as a liaison between relevant local government departments or agencies, including the health department

Action 8:

Programs and Services

Host or partner with community groups to support at least 3 annual programs that encourage active living for adults and kids

Action 9:

Facility and Infrastructure Improvements

Implement a local enhancement program that systematically improves at least 3 bicycle and pedestrian amenities communitywide



Action 10:

Facility and Infrastructure Improvements

Provide at least 3 types of active recreation facilities that are available for community use, by population size

Action 11:

Facility and Infrastructure Improvements

Enable joint use of school-based recreation facilities during non-school hours



HEALTH & SAFETY

HS-2: Community Health

15 available points

PURPOSE

Achieve positive health outcomes and minimize health risk factors associated with behaviors and poor indoor air quality in schools and homes

EVALUATION MEASURES

Community Level Outcomes

100% of points available through Outcomes

Outcome 1: Health Outcomes

5 Points

Demonstrate that the county is a Top US Performer in regards to Length of Life and Quality of Life indicators [Partial credit available]

Outcome 2: Health Behaviors

5 Points

Demonstrate that the county is a Top US Performer in regards to key behaviors that impact health [Partial credit available]

Outcome 3: Indoor Air Quality (IAQ) in Schools

2.5 Points

Demonstrate that all IAQ problems in schools are resolved in a timely manner

Outcome 4: Indoor Air Quality (IAQ) Complaints to Enforcement Agency

2.5 Points

Decrease the number of tenant complaints regarding IAQ over time

Local Actions

70% of points available through Actions

Action 1:

Inventory, Assessment, or Survey

Conduct a comprehensive community health assessment, which includes data collection and analysis of public health conditions, trends, and problems affecting the community



Action 2:

Plan Development

Develop a community health improvement plan to strengthen the delivery of health services and improve community health

Action 3:

Policy and Code Adjustment

Adopt a health in all policies statement or policy commitment for local decision-making

Action 4:

Policy and Code Adjustment

Prohibit smoking in all enclosed public places, including restaurants, bars, and workplaces and affirm the right for landlords to legally establish smoke-free rental units or restrict smoking in multi-family buildings communitywide

Action 5:

Policy and Code Adjustment

Adopt the National Healthy Housing Standard or equivalent local code for existing residential buildings that includes implementation and enforcement provisions

Action 6:

Policy and Code Adjustment

Adopt a Recreational Aquatic Health Code to address illnesses, injuries, and fatalities in community pools or spas

Action 7:

Partnerships and Collaboration

Engage the public, local businesses, and nonprofit entities in assessing, developing, and implementing strategies focused on improving health behaviors related to smoking and obesity

Action 8:

Practice Improvements

Demonstrate that the local government has received healthy workplace accreditation or has established a Comprehensive Workplace Health program



Action 9:

Enforcement and Incentives

Implement a proactive rental inspection program to protect tenants' health and safety

Action 10:

Programs and Services

Develop and implement a comprehensive program focused on vector-borne diseases, such as Zika, Chikungunya, and Lyme disease

Action 11:

Programs and Services

Provide grants or loans to remediate indoor air pollution problems in low-income homes or affordable rental units

Action 12:

Facility and Infrastructure Improvements

Conduct health impact assessments (HIAs) on proposed infrastructure investments and development projects to increase positive health outcomes and minimize adverse impacts



HEALTH & SAFETY

HS-3: Emergency Management & Prevention

15 available points

PURPOSE

Reduce harm to humans and property by utilizing collaborative approaches to increase capability and capacity to respond to emergency incidents

EVALUATION MEASURES

Community Level Outcomes

100% of points available through Outcomes

Outcome 1: Superior Fire Protection

6 Points

Part 1: Achieve a current ISO rating of 3 or better

--AND--

Part 2: Demonstrate that 90% of response times are in compliance with standards set by the National Fire Protection Association (NFPA) [Partial credit available]

Outcome 2: Fire and Police Accreditation

6 Points

Part 1: Demonstrate that the fire department has obtained Commission on Fire Accreditation International (CFAI) accreditation

--AND--

Part 2: Demonstrate that the police department has obtained Commission on Accreditation for Law Enforcement Agencies (CALEA) accreditation

Outcome 3: Community Emergency Management

3 Points

Option A: Demonstrate that the emergency management community is prepared to manage emergency incidents involving all threats and hazards [Partial credit available]

--OR--

Option B: Demonstrate that the local government has received accreditation by the Emergency Management Accreditation Program (EMAP)



Local Actions

70% of points available through Actions

Action 1:

Inventory, Assessment, or Survey

Develop a NIMS-compliant local inventory of assets and resources available for emergency response and mutual aid requests

Action 2:

Education and Outreach

Publish information to encourage residents to develop emergency kits and evacuation plans, and encourage businesses to develop emergency procedures and shelter-in-place plans

Action 3:

Partnerships and Collaboration

Participate in cross-department/agency interstate, statewide, regional, or inter-jurisdictional mutual aid response systems

Action 4:

Partnerships and Collaboration

Participate in a regional emergency planning commission

Action 5:

Plan Development

Adopt a local comprehensive plan for emergency response that includes provisions for evacuating low-income, disabled, and other persons likely to need assistance

Action 6:

Practice Improvements

Integrate departmental and jurisdictional interoperability into public safety communications systems

Action 7:

Practice Improvements

Perform an annual review or assessment of plans, procedures, resources, and trainings based on emergency response incidents and demands



Action 8:

Practice Improvements

Participate in discussion-based and operations-based exercises that involve the public and emergency management personnel from multiple departments and/or multiple jurisdictions

Action 9:

Programs and Services

Host an active Citizen Emergency Response Team (CERT) or Medical Reserve Corps (MRC)

Action 10:

Programs and Services

Distribute emergency kits or supplies to low-income and vulnerable residents before an event occurs



HEALTH & SAFETY

HS-4: Food Access & Nutrition

15 available points

PURPOSE

Ensure that adults and children of all income levels have physical and economic access to fresh and healthful food and have opportunities to learn about nutritious eating and food safety

EVALUATION MEASURES

Community Level Outcomes

70% of points available through Outcomes

Outcome 1: Food Security and Assistance

3.5 Points

Demonstrate an increase over the past 3 years in the percentage of people who are food secure

Outcome 2: Access to Healthful Food

3.5 Points

Option A: Demonstrate an increase over the past 3 years in the percentage of residents within a walkable 1/4-mile of a healthful retail food outlet

--OR--

Option B: Demonstrate a decrease over the past 3 years in the percentage of residents living in an urban or rural food desert

Outcome 3: School Nutrition

3.5 Points

Demonstrate an increase over the past 3 years in the food service sales of fresh fruits and vegetables in the largest public school district

Local Actions

70% of points available through Actions

Action 1:

Inventory, Assessment, or Survey

Conduct an assessment of the local food system, including existing policies and programs that address the 6 steps of the food cycle: grow or produce, sell, process, distribute, consume, and compost



HEALTH & SAFETY

HS-4: Food Access & Nutrition

Action 2:

Policy and Code Adjustment

Adopt zoning and development regulations that allow farmer's markets, community gardens, and other forms of urban agriculture that promote increased food access

Action 3:

Policy and Code Adjustment

Adopt menu-labeling requirements, zoning restrictions, or development regulations that discourage, tax, or prohibit the sale of unhealthful foods or beverages

Action 4:

Policy and Code Adjustment

Demonstrate that the local government has adopted the most recent U.S. Food Code

Action 5:

Policy and Code Adjustment

Demonstrate that the local public school district has adopted a model school wellness policy

Action 6:

Partnerships and Collaboration

Establish a local or regional food policy council that includes health professionals, community organizations, schools, farmers, and/or related businesses

Action 7:

Education and Outreach

Support the development of healthy eating campaigns for residents to learn about nutrition, food safety, and food assistance programs

Action 8:

Practice Improvements

Demonstrate that local schools or the public school district has received certification from the USDA HealthierUS Schools Challenge or an award from the Alliance for a Healthier Generation in the past 3 years

Action 9:

Practice Improvements

Purchase and sell healthful food at facilities owned, leased, and operated by the local government



HEALTH & SAFETY

HS-4: Food Access & Nutrition

Action 10:

Programs and Services

Implement an “Increase Your Food Bucks” program and accept federal food assistance through SNAP or WIC programs at farmer’s markets

Action 11:

Programs and Services

Support programs that enable healthful retail food outlets to locate in underserved areas, promote mobile vendors that only sell fresh food, or increase the mix of healthful food sold in existing establishments



HEALTH & SAFETY

HS-5: Health Systems

10 available points

PURPOSE

Provide high quality local health systems that are accessible and responsive to community needs

EVALUATION MEASURES

Community Level Outcomes

70% of points available through Outcomes

Outcome 1: Clinical Care

5 Points

Demonstrate that the county is a Top U.S. Performer in regards to quality of clinical care, including access to health care [Partial credit available]

Outcome 2: Quality of Local Hospital Systems

2.5 Points

Part 1: Demonstrate that at least 1 hospital per 50,000 residents is accredited by the Joint Commission

--AND--

Part 2: Demonstrate that at least 1 hospital has been recognized as a top performer by the Joint Commission

Outcome 3: High Performing Health Department

2.5 Points

Demonstrate that the local public health department is accredited by the Public Health Accreditation Board

Local Actions

70% of points available through Actions

Action 1:

Inventory, Assessment, or Survey

Conduct a local Public Health System Assessment to identify the components, competencies, and capacities of essential service providers



Action 2:

Plan Development

Demonstrate that at least 1 health care institution in the community has made a strategic commitment to addressing equity in their services

Action 3:

Partnerships and Collaboration

Establish a governance model between the health department, local healthcare providers, and community health organizations that supports local and regional collaboration for improving community health

Action 4:

Education and Outreach

Educate the public about eligibility and enrollment barriers to obtaining health insurance

Action 5:

Programs and Services

Provide medical, dental, and/or mental health services to the community through income-based clinics or community health workers

Action 6:

Practice Improvement

Provide free medical interpretation services at medical health facilities

Action 7:

Programs and Services

Implement strategies to recruit medical professionals to the community or to areas of need in the community

Action 8

Programs and Services

Use a performance management system to monitor and improve health services and programs that promote positive health outcomes and expand access to health care



HEALTH & SAFETY

HS-6: Hazard Mitigation

15 available points

PURPOSE

Reduce or eliminate the long-term risk to life and property from existing hazard events through an on-going process that occurs before, during, and after disasters

EVALUATION MEASURES

Community Level Outcomes

70% of points available through Outcomes

Outcome 1: Location Specific Hazards

5.25 Points

Part 1:

Option A: Reduce over time the number of homes below code standards that are located in designated high risk areas

--OR--

Option B: Reduce over time the percentage of residents living in designated high-risk areas

--AND--

Part 2: Reduce over time the critical infrastructure below code standards that is located in designated high risk areas

Outcome 2: Full Community Hazards

5.25 Points

Demonstrate a measurable reduction in vulnerability and/or increase in resiliency to existing communitywide hazard threats over time

Local Actions

70% of points available through Actions

Action 1:

Inventory, Assessment, or Survey

Perform an all-hazard vulnerability assessment including key local hazards, impacts on vulnerable populations and critical infrastructure, opportunities for mitigation, and a business impact analysis

Action 2:

Plan Development

Develop a post-disaster plan that addresses long-range redevelopment issues such as land use, economic development, housing, infrastructure, public services, and environmental restoration



Action 3:

Policy and Code Adjustment

Adopt land use regulations that limit development in areas of high hazard vulnerability

Action 4:

Policy and Code Adjustment

Adopt local building codes or enforce state building codes with heightened standards for buildings in areas of high hazard vulnerability

Action 5:

Education and Outreach

Increase community awareness of natural or man-made hazards through education and outreach materials

Action 6:

Enforcement and Incentives

Create insurance or incentive structures to help equitably remove residents from hazardous situations

Action 7:

Facility and Infrastructure Improvements

Build or renovate locally owned public facilities that will be used as shelters, command centers, and demonstration areas to meet higher building code standards

Action 8:

Facility and Infrastructure Improvements

Implement highest priority infrastructure improvements listed in the hazard mitigation plan



HEALTH & SAFETY

HS-7: Safe Communities

15 available points

PURPOSE

Prevent and reduce crime and increase perceptions of safety through interagency collaboration and with residents as empowered partners

EVALUATION MEASURES

Community Level Outcomes

100% of points available through Outcomes

Outcome 1: Crime Rates

7.5 Points

Demonstrate that the average crime rate for the past 3 years is below the following thresholds:

- 5.5 homicides per 100,000 residents
- 70 incidents of rape or attempted rape per 100,000 residents
- 462.7 aggravated assaults per 100,000 residents
- 2,596.1 incidents of property crime per 100,000 residents

[Partial credit available]

Outcome 2: School Violence

7.5 Points

Demonstrate that the average rate of violent victimizations at schools is less than 10 per 1,000 students aged 12-18 in the jurisdiction

Local Actions

70% of points available through Actions

Action 1:

Inventory, Assessment, or Survey

Conduct a survey of community perceptions of safety recognizing that some crimes are not reported and to illuminate safety issues that need to be addressed

Bonus: Survey includes breakdown of geographic variances in safety perceptions

Action 2:

Plan Development

Adopt a safe communities strategic plan with a comprehensive, balanced approach that includes violence prevention, intervention, suppression and enforcement, community policing, and reentry strategies



Action 3:

Education and Outreach

Educate community members about public safety and law enforcement programs and strategies

Action 4:

Partnerships and Collaboration

Develop partnerships with local agencies, nonprofit organizations, schools, and residents to implement public safety strategies, enforcement programs, and trust-building initiatives

Action 5:

Practice Improvements

Establish cross-agency coordination and procedures to support balanced implementation of public safety and enforcement activities

Action 6:

Practice Improvements

Perform ongoing data collection, evaluation, and monitoring from multiple agencies to track trends and identify emerging community needs

Action 7:

Practice Improvements

Integrate community policing and procedural justice into police department operations to support and build trust within the community

Action 8:

Programs and Services

Implement violence prevention programs and strategies to address community-identified risks and protective factors

Action 9:

Programs and Services

Implement school-based violence prevention programs and strategies, particularly in highly impacted, urban, and at-risk neighborhoods



Action 10:

Programs and Services

Develop violence intervention programs and strategies to support at-risk families and youth and to prevent the escalation of violence

Action 11:

Programs and Services

Create or support a multi-faceted, monitored reentry program for ex-offenders that includes training, education, mentoring, employment opportunities, and other support services to reduce recidivism